



## Password Management Systems

### Document Outline

1. Important terms
2. Password Security
3. Introduction to Password Management Systems
4. Benefits and drawbacks of password management
5. Security checkup

### Important terms

The scope of this program limited to password management, but these terms might help to give context to some of the drawbacks and benefits of password management systems.

### Privacy & Security

One definition of privacy I really like is the *authorized* processing of personally identifiable information.<sup>1</sup> Security refers to how that data is protected.<sup>2</sup> This program will focus mostly on security.

### Encryption

While technologically advanced, the concept of encryption is relatively easy to understand. Encryption creates keys so only the sender and the intended receiver can decipher the message.<sup>3</sup>

### Extension

Software that extends functionality to your web-browser. They are singular in focus and can be used for many different purposes such as translation, ad-blocking, or password management. An example of a very popular extension is the Pinterest 'Save' button. Password managers use browser extensions.

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<sup>1</sup> BALibrary database subscription. Lynda.com. *Understanding and Prioritizing Data Privacy* (Course): Privacy vs. secrecy (Video)

<sup>2</sup> Web. Norton USA. *Privacy vs. Security: What's the Difference?* <https://us.norton.com/internetsecurity-privacy-privacy-vs-security-whats-the-difference.html>

<sup>3</sup> Web. New York Times. *What is End-to-End Encryption: Another Bulls-Eye on Big Tech* <https://www.nytimes.com/2019/11/19/technology/end-to-end-encryption.html>

## Password Security

Regardless of which password management system you use, you can practice good online behavior by following a few important steps:<sup>4</sup>

- Create strong passwords
  - Use 12 characters
  - Combine letters, numbers and symbols
  - Using four random words
  - Ideas for strong passwords are longer lyrics from songs, use abbreviations as stand-ins for letters or words.
  - Don't use weak, easily compromised passwords such as 'password,' 'p@ssw0rd!', or those that contain easily crack-able strings like 'abcd,' 'qwerty', '1234' etc.
  - Don't use personal information
- Use unique passwords for sites. It is easy to expose other accounts with the same name and password.
- Use two-factor authentication where available

## Introduction to Password Management Systems

Password management systems are specifically designed to enable you to record and correctly enter your passwords. There are a number of different ways you can record and enter your passwords both offline and online. None of these methods can guarantee that your passwords will remain safe and not become exposed, but they can help to make your information more secure and help you keep track of the ever-expanding list of passwords in your life.

### Offline examples

Even if you store your passwords offline, you can still add a layer of encryption to them. 1) Instead of writing the actual password out, you would write out obvious clue to a password you know by heart or 2) you can password protect your excel documents.

- Notebook
- Excel document

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<sup>4</sup> Web. Google Account Help. *Create a Strong Password and More Secure Account*.  
<https://support.google.com/accounts/answer/32040?hl=en>

## Online examples<sup>5</sup>

### Dedicated software

- 1password
- Bitwarden
- Dashlane
- LastPass

### DIY and Built-in Options

- Google documents
- Browser password management<sup>6</sup>

## Benefits & drawbacks

### Offline

- Benefits
  - Passwords will not all be exposed via online breach
  - Others can access if needed
  - Free
- Drawbacks
  - Difficult to update
  - Only useful if you have your notebook/document with you at all times

### Online

- Benefits
  - Others can access, if needed (family sharing)
  - Can automatically generate passwords for you
  - Available across devices
  - Dedicated platforms have a high level of data security
  - Have a built-in security checkup to show you how your information is being used
- Drawbacks
  - Entering passwords on new devices like TV apps for example (Roku, Smart TV...etc) or a computer that is not your own

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<sup>5</sup> List was compiled in part by reviewing information from:  
WIRED Magazine: *The Best Password Managers to Secure Your Digital Life*  
<https://www.wired.com/story/best-password-managers/>

<sup>6</sup> Web. WIRED Magazine: *Sorry, But Your Browser Password Manager Probably Isn't Enough.*  
<https://www.wired.com/2016/08/browser-password-manager-probably-isnt-enough/>

- Fees (where applicable)

## Security Checkup

As we've discussed, many of the online companies have ways for you to checkup on your data and how it being used online. Other ways you might track this:

- Google Account > Security > Password Manager
- Browsers such as chrome might also alert you when you are signing in that your password should be changed due to a breach